

life national geographic learning Full Version

Life National Geographic Learning

Life National Geographic Learning: Exploring Education Through the Lens of Nature and Culture

life national geographic learning represents a unique and immersive approach to

education that blends the captivating world of National Geographic's storytelling with dynamic language learning resources. It's not just about memorizing vocabulary or grammar rules; it's about engaging with the world around us—its diverse cultures, breathtaking landscapes, and fascinating wildlife—in a way that brings learning to life. Whether you're a teacher looking for innovative materials or a learner eager to connect with real-world content, Life National Geographic Learning offers a rich, authentic experience that goes beyond traditional classrooms.

What Is Life National Geographic Learning?

At its core, Life National Geographic Learning is a series of educational resources designed to enhance English language learning through compelling National Geographic content. Created by National Geographic Learning, a collaboration between National Geographic and Cengage, this program integrates stunning photography, inspiring stories, and innovative pedagogy to help learners develop not only language skills but also cultural awareness and critical thinking.

The materials typically include textbooks, workbooks, digital resources, and multimedia components that are carefully crafted to appeal to different age groups and proficiency levels. Unlike conventional language programs, Life National Geographic Learning focuses heavily on real-world topics—from environmental issues and wildlife conservation to global cultures and scientific discoveries—making lessons more meaningful and engaging.

Why Choose Life National Geographic Learning?

The appeal of Life National Geographic Learning lies in its ability to connect language learning with curiosity about the world. Here are some reasons why it stands out:

Authentic Content That Inspires

One of the highlights is the use of genuine National Geographic photographs and stories. These vivid images and narratives capture moments from all corners of the globe, giving learners a window into diverse lifestyles, ecosystems, and traditions. This not only enriches vocabulary but also fosters empathy and global awareness.

Integrated Skills Development

Life National Geographic Learning is designed to improve all four language skills—listening, speaking, reading, and writing—through integrated activities. For example, students might watch a documentary clip about the Amazon rainforest, discuss the importance of biodiversity, read an article about endangered species, and then write a reflective essay. This holistic approach ensures that learners develop comprehensive communication abilities.

Engaging and Updated Topics

Because the content draws from National Geographic's vast archives and ongoing explorations, it stays fresh and relevant. Topics like climate change, technological innovation, cultural festivals, and wildlife protection keep students intrigued and motivated to learn more.

How Life National Geographic Learning Supports Teachers

Teaching with Life National Geographic Learning means having a treasure trove of resources at your disposal. For educators, this translates into less prep time and more effective lessons.

Comprehensive Teaching Materials

Teachers receive well-structured lesson plans, answer keys, and supplementary activities. These resources are designed to be adaptable, catering to different classroom environments and learner needs. Whether teaching online or face-to-face, instructors can leverage multimedia tools such as videos and interactive quizzes to boost engagement.

Promoting Critical Thinking and Discussion

The program encourages learners to think deeply about the content. Questions and projects often prompt students to analyze issues, compare perspectives, and express their opinions. This emphasis on critical thinking makes classes more dynamic and prepares learners for real-life communication.

Professional Development Opportunities

National Geographic Learning also offers professional development workshops and

webinars that help teachers integrate the materials effectively. These sessions focus on best practices for using authentic content, incorporating technology, and fostering an inclusive classroom culture.

Life National Geographic Learning and Technology

In today's digital age, incorporating technology into education is essential, and Life National Geographic Learning embraces this trend wholeheartedly.

Interactive Digital Platforms

Many Life National Geographic Learning courses come with access to online platforms that feature interactive exercises, videos, and games. These platforms allow learners to practice skills at their own pace and receive instant feedback, enhancing retention and motivation.

Mobile Learning Opportunities

With mobile-friendly content, students can learn on the go, making it easier to fit study into busy schedules. Apps and digital workbooks also support personalized learning paths, allowing learners to focus on areas where they need improvement.

Virtual Field Trips

One of the most exciting features is the availability of virtual field trips. Through immersive video tours and interactive maps, students can explore landmarks, natural wonders, and cultural events worldwide—all from their classroom or home.

Incorporating Life National Geographic Learning in Everyday Life

Using Life National Geographic Learning isn't limited to formal education settings. Its real-

world focus encourages learners to apply knowledge beyond the classroom.

Enhancing Cultural Understanding

By exploring stories about different communities and traditions, learners develop a broader worldview. This cultural competence is valuable in today's interconnected society, facilitating better communication and empathy.

Promoting Environmental Awareness

With many lessons centered on nature and sustainability, Life National Geographic Learning raises awareness about environmental challenges. This can inspire learners to adopt eco-friendly habits and participate in conservation initiatives.

Building Lifelong Curiosity

The captivating content sparks curiosity, motivating learners to continue exploring topics independently. This lifelong learning mindset is crucial for personal and professional growth.

Tips for Maximizing the Benefits of Life National Geographic

Learning

To get the most out of this educational approach, consider the following strategies:

Engage with multimedia: Don't just read the texts?watch videos, listen to

1.

podcasts, and explore interactive tools to deepen understanding.

Encourage discussion: Use open-ended questions to foster dialogue and critical

2.

thinking among learners.

Connect lessons to current events: Relate topics to what's happening in the

3.

world to make learning timely and relevant.

Customize learning paths: Adapt activities to suit different proficiency levels and

4.

interests, ensuring all learners stay motivated.

Promote project-based learning: Encourage students to create presentations,

5.

reports, or campaigns based on what they've learned to reinforce skills.

Life National Geographic Learning offers a refreshing take on language education by merging the power of storytelling with the excitement of discovery. It invites learners to step into the shoes of explorers, scientists, and storytellers, making language acquisition a vibrant and meaningful journey. Whether you are a student seeking to improve your English or an educator aiming to inspire your classroom, this innovative approach provides tools and content that celebrate the richness of life on Earth.

Question

Answer

What is 'Life National

Geographic Learning'?

'Life National Geographic Learning' is an educational series that combines National Geographic content with language learning materials to engage students through real-world topics and stunning visuals.

Who is the target audience

for Life National Geographic

Learning materials?

The materials are primarily designed for English language learners of various ages, including high school and adult learners, aiming to improve their language skills through engaging content.

What subjects are covered

in Life National Geographic

Learning?

Life National Geographic Learning covers topics related to science, nature, culture, geography, and current events, integrating these themes to enhance language learning.

How does Life National

Geographic Learning support

language acquisition?

It supports language acquisition by using authentic

National Geographic content, such as articles, videos,
and photographs, paired with vocabulary and grammar
exercises tailored for learners.

Are there digital resources

available with Life National

Geographic Learning?

Yes, Life National Geographic Learning offers digital
resources including interactive eBooks, online activities,
and multimedia content to support both teachers and
students.

Can Life National

Geographic Learning be

used for remote or hybrid

learning?

Absolutely, the digital components and flexible lesson
plans make Life National Geographic Learning suitable
for remote, hybrid, and in-person classroom settings.

What makes Life National

Geographic Learning

different from other

language learning materials?

Its integration of high-quality National Geographic content with language instruction makes the learning experience more engaging, relevant, and visually stimulating compared to traditional materials.

Is Life National Geographic

Learning suitable for self-

study?

Yes, learners can use Life National Geographic Learning for self-study thanks to its clear structure, comprehensive explanations, and accessible online resources.

Where can educators

purchase Life National

Geographic Learning

materials?

Educators can purchase Life National Geographic

Learning materials through official National Geographic

Learning distributors, educational bookstores, or authorized online retailers.

Life National Geographic Learning: An In-Depth Exploration of Its Educational Impact

life national geographic learning represents a distinctive approach to language

education that combines immersive content with authentic cultural experiences.

Developed through a collaboration between National Geographic and leading educational publishers, this learning resource aims to engage students by connecting language acquisition with the wonders of the natural world, global cultures, and real-life scenarios.

As educational paradigms shift toward more interactive and meaningful learning, Life National Geographic Learning stands out for its integration of high-quality visuals, storytelling, and scientifically grounded content.

An Overview of Life National Geographic Learning

Life National Geographic Learning is a comprehensive English language learning series designed primarily for secondary and adult learners. The curriculum leverages National Geographic's rich repository of photography, documentaries, and articles to create a dynamic and visually captivating language learning experience. Unlike conventional textbooks, Life emphasizes real-world contexts, encouraging learners to explore diverse cultures, environments, and contemporary issues while developing their language skills. The series encompasses multiple levels, each tailored to gradually enhance learners' abilities in reading, writing, speaking, and listening. The pedagogical framework supports a communicative approach, promoting interaction and critical thinking. The inclusion of

National Geographic content enriches the materials with authenticity, making lessons not only informative but also motivational.

Key Features of Life National Geographic Learning

Authentic Content: The use of National Geographic photography and stories

1.
brings real-world relevance, helping learners connect language with tangible experiences.

Multimedia Integration: Videos, interactive exercises, and digital resources

2.
complement traditional textbooks, catering to diverse learning styles.

Skills Development: Balanced focus on all language skills with tasks that

3.
encourage speaking fluency, critical listening, and analytical reading.

Cultural Awareness: Lessons embed cultural insights and global perspectives,

4.
fostering intercultural competence alongside language proficiency.

Assessment Tools: Formative and summative assessments aligned with

5.
international standards help track learners' progress effectively.

Educational Value and Pedagogical Approach

The educational philosophy underpinning Life National Geographic Learning revolves around meaningful engagement and contextual learning. By situating language practice within intriguing topics such as wildlife conservation, climate change, exploration, and human geography, the series nurtures curiosity and deeper understanding. This approach aligns with contemporary language acquisition theories that emphasize input richness and learner motivation.

Moreover, the series adopts task-based learning strategies, where students complete real-life tasks that simulate authentic language use. This method not only enhances retention but also prepares learners for practical communication beyond the classroom. For example, learners might analyze a National Geographic article, participate in group discussions about environmental issues, or create presentations inspired by documentary footage.

Comparison with Other Language Learning Resources

In comparison to traditional ESL textbooks, Life National Geographic Learning offers a visually immersive and intellectually stimulating alternative. While many conventional resources rely heavily on scripted dialogues and isolated grammar drills, Life integrates language skills seamlessly with content knowledge. This fusion can be particularly advantageous for learners who thrive on visual stimuli and contextual clues.

Compared to other content-based learning series, Life distinguishes itself through National Geographic's authoritative content. The access to real scientific data, expert narratives, and globally recognized imagery elevates its credibility and appeal. However, the series

may demand higher initial investment from educational institutions due to licensing and multimedia requirements.

Technological Integration and Digital Resources

Recognizing the shift toward digital learning environments, Life National Geographic Learning incorporates a suite of online tools designed to enhance accessibility and engagement. Interactive eBooks, mobile apps, and online platforms allow learners to access videos, quizzes, and supplementary materials anytime, facilitating blended and remote learning models.

These digital extensions support differentiated instruction, enabling teachers to customize content according to individual learner needs. Additionally, analytics embedded in the platforms provide educators with insights into student performance, allowing timely interventions and targeted support.

Pros and Cons of Life National Geographic Learning

Pros:

1.

Rich multimedia content boosts learner motivation.

1.

Authentic materials foster real-world language application.

2.

Comprehensive skill coverage suited for diverse proficiency levels.

3.

Promotes cultural literacy alongside language development.

4.

Flexible digital resources support modern teaching methodologies.

5.

Cons:

2.

Requires reliable technological infrastructure for optimal use.

1.

Cost of materials can be prohibitive for some institutions.

2.

Teachers may need training to effectively utilize multimedia tools.

3.

Content complexity might challenge lower-level learners without scaffolding.

4.

Impact on Learners and Educators

Feedback from educators who have integrated Life National Geographic Learning into their curriculum highlights increased student engagement and improved language outcomes. The captivating nature of National Geographic content reportedly encourages learners to participate more actively and develop a sustained interest in language study.

Furthermore, the series supports teacher development by offering comprehensive guides

and professional resources aligned with current educational standards such as the Common European Framework of Reference for Languages (CEFR). This alignment ensures that both teaching and assessment are coherent and internationally recognized.

Future Directions and Innovations

As education continues to evolve with technological advancements, Life National Geographic Learning is poised to expand its digital footprint. Emerging trends such as augmented reality (AR) and virtual reality (VR) could provide learners with immersive experiences, further bridging the gap between language learning and exploration of the natural world.

Moreover, ongoing updates to content reflecting global issues and scientific discoveries will maintain the series' relevance and appeal. The integration of social-emotional learning components and collaborative online projects could also enhance learner engagement and real-world communication skills.

Life National Geographic Learning exemplifies a forward-thinking approach to language education, one that leverages the power of storytelling, imagery, and authentic contexts to make learning meaningful and enjoyable. By marrying language acquisition with exploration of life's diverse facets, it offers a compelling model for 21st-century education.

National Geographic Education, Life Science Learning, Educational Resources, Geography Learning, Environmental Studies, Biology Education, Interactive Learning, Nature Exploration, Science Curriculum, Educational Videos

DEAR LIFE

dear life: Embracing the Journey with Grace and Resilience

Life, in all its complexities and surprises, is often described as a dear life—a precious gift that unfolds with every passing moment. From the exuberance of new beginnings to the introspection of life's inevitable challenges, our experience of life is a tapestry woven with joy, sorrow, growth, and resilience. In this comprehensive exploration, we delve into what makes life so dear, how to navigate its ups and downs, and ways to embrace each moment with mindfulness and gratitude.

Understanding the Essence of Dear Life

Life's value is often recognized in hindsight or during moments of reflection. Its essence lies in the unpredictability and the myriad experiences that shape our identity and perspective.

The Unique Journey of Each Individual

Every person's life path is distinct, influenced by factors such as:

- Personal choices and decisions
- Environmental circumstances
- Relationships and social connections
- Inner beliefs and values

This uniqueness emphasizes that dear life is a personal voyage, deserving of respect and appreciation.

The Transience of Life

One of the core truths about dear life is its fleeting nature. Recognizing that life is temporary encourages us to:

- Value each moment
- Prioritize meaningful experiences
- Foster gratitude for what we have

Living with this awareness can inspire a more present and fulfilling existence.

Challenges and Triumphs: Navigating the Ups and Downs

Life is not without its hurdles. The difficulties we face can either diminish our appreciation for dear life or deepen our understanding of its preciousness.

Common Life Challenges

Some universal struggles include:

- Loss and grief
- Health issues
- Financial hardships
- Relationship conflicts
- Personal failures and setbacks

Acknowledging these challenges is the first step toward overcoming them.

Resilience and Growth

Overcoming adversity often leads to personal growth. Strategies to build resilience include:

- Maintaining a positive mindset
- Seeking support from loved ones
- Practicing mindfulness and meditation
- Learning from mistakes
- Setting realistic goals

Triumphs, big or small, serve as reminders of dear life's potential for renewal and strength.

Embracing Dear Life with Mindfulness

Mindfulness is the art of being present and fully engaged in each moment. Cultivating mindfulness can transform our experience of dear life in profound ways.

Practices to Cultivate Mindfulness

Incorporate these habits into daily life:

- Mindful breathing exercises
- Gratitude journaling
- Deep listening during conversations
- Mindful eating
- Regular meditation sessions

By practicing these, we learn to appreciate the simple joys and accept life's ebbs and flows.

The Benefits of Mindfulness

Embracing mindfulness leads to:

- Reduced stress and anxiety
- Enhanced emotional regulation
- Improved relationships
- Greater overall well-being
- Deeper connection with life's purpose

These benefits reinforce the idea that dear life is best appreciated through awareness and presence.

Living a Purposeful and Authentic Life

Living with purpose adds depth and meaning to our dear life. It involves aligning our actions with our core values and passions.

Discovering Your Purpose

Reflect on questions such as:

- What activities make me feel most alive?
- What values do I hold dear?
- How can I contribute positively to others?

Exploring these questions can guide you toward a life of authenticity.

Practicing Authenticity

Be honest with yourself and others, and:

- Express your true feelings
- Set boundaries when necessary
- Pursue passions without fear of judgment
- Align daily actions with long-term goals

Living authentically enhances the sense of dear life by fostering fulfillment and inner peace.

The Role of Relationships and Community

No one is truly isolated; relationships significantly influence our experience of dear life.

Cultivating Meaningful Connections

Focus on:

- Building trust and openness
- Offering and accepting support
- Practicing empathy and active listening
- Creating shared experiences

Strong relationships provide comfort, joy, and resilience.

Community and Togetherness

Being part of a community offers a sense of belonging and purpose. Ways to engage include:

- Volunteering for causes you care about
- Participating in local events
- Joining clubs or groups that align with your interests
- Supporting others in times of need

Shared experiences and collective growth reinforce the preciousness of dear life.

Finding Joy in the Everyday

Sometimes, the simplest moments become the most meaningful.

Practicing Gratitude

Daily gratitude can shift focus from what's lacking to what is abundant. Techniques include:

- Listing three things you're grateful for each day
- Expressing appreciation to others
- Reflecting on positive experiences before sleep

Engaging in Creative and Leisure Activities

Dedicate time to hobbies and passions such as:

- Art and music
- Reading and writing
- Traveling and exploring new places
- Cooking and culinary experiments

These activities inject joy and vitality into dear life.

Conclusion: Cherishing Dear Life Every Day

Ultimately, dear life is a gift that deserves our appreciation and mindful engagement. Embracing its fleeting nature, navigating challenges with resilience, cultivating mindfulness, living authentically, nurturing relationships, and finding joy in everyday moments all contribute to a richer, more meaningful existence. By approaching life with gratitude and openness, we not only enhance our own well-being but also create ripples of positivity for those around us. Remember, dear life is a precious journey—cherish it, nurture it, and live it fully each day.

Dear Life

In an era defined by rapid technological advances, societal shifts, and an increasing quest for authenticity, the phrase "dear life" has taken on a nuanced significance. It encapsulates both a heartfelt plea and an affectionate acknowledgment of life's unpredictable, often contradictory, nature. As a concept, "dear life" invites reflection on its multifaceted qualities—its joys, struggles, resilience, and the profound ways it shapes our existence. This review aims to explore the depth of "dear life" as both a poetic expression and a philosophical lens, offering insights into its cultural, emotional, and practical dimensions.

Understanding "Dear Life": A Cultural and Emotional Perspective

The Origins and Usage of the Phrase

The phrase "dear life" has historically been used in various contexts—literary, musical, and colloquial—to express a mixture of affection, frustration, or resignation toward the human experience. Its roots trace back to poetic expressions where life is personified as a cherished entity, sometimes fragile and sometimes resilient.

In modern usage, "dear life" often appears as an exclamation or reflection, capturing the complex relationship humans have with their existence. For example, when someone says, "Oh, dear life," it can convey despair, humor, or a gentle acknowledgment of life's unpredictability.

Common contexts include:

- Literary and poetic references: Writers use "dear life" to evoke a sense of intimacy and vulnerability.
- Music and art: Songs and artworks express the bittersweet emotions associated with living.
- Everyday speech: People may use it to comment on life's ironies or to seek comfort amidst chaos.

This versatility underscores the phrase's emotional richness—it's both a lament and an ode.

Emotional Dimensions of "Dear Life"

"Dear life" embodies a spectrum of sentiments, from gratitude to despair:

- Gratitude and Appreciation: Recognizing life's gifts, moments of joy, and the beauty of existence.
- Resignation and Acceptance: Acknowledging life's hardships and finding peace in its inevitable challenges.
- Frustration and Longing: Expressing dissatisfaction with circumstances or longing for change.

Understanding these emotional layers is crucial to appreciating "dear life" as a concept. It resonates because it taps into universal human experiences—the desire to find meaning amid chaos, the pain of loss, and the hope for renewal.

The Philosophical Significance of "Dear Life"

Existential Reflections

At its core, "dear life" prompts deep existential questions:

- What is the meaning of life?
- How do we find value in the mundane or painful moments?
- How do we reconcile life's fleeting nature with our desire for permanence?

Philosophers like Albert Camus and Viktor Frankl have explored these themes extensively. Camus's notion of absurdism suggests embracing life's contradictions, while Frankl emphasizes finding purpose despite suffering. In this context, "dear life" becomes a testament to our resilience and capacity to ascribe meaning.

Acceptance and Mindfulness

Modern mindfulness practices often advocate for accepting life as it is—imperfections and all. The phrase "dear life" aligns with this philosophy, emphasizing appreciation for the present moment. It encourages a gentle acknowledgment of life's transient beauty, fostering gratitude and emotional balance.

Deconstructing "Dear Life" as a Literary and Artistic Motif

Literary Explorations

Numerous authors have employed "dear life" to evoke intimacy and introspection. For example:

- Virginia Woolf: Her stream-of-consciousness narratives often reflect on the fleeting nature of life, sometimes using phrases akin to "dear life" to express vulnerability.
- William Wordsworth: Celebrated the natural world as a source of solace, frequently invoking a tender regard for life's simplicity.

These literary uses serve to deepen our understanding of human fragility and resilience.

Artistic Interpretations

Visual artists and musicians have also explored "dear life" themes:

- Songs: Popular ballads often reference life's hardships and blessings, emphasizing emotional honesty.
- Paintings and Installations: Artworks depict life's ephemeral moments, aiming to evoke a sense of connection and reflection.

These creative expressions reinforce "dear life" as a universal motif—one that encapsulates both

vulnerability and hope.

Practical Dimensions of Embracing "Dear Life"

Living with Gratitude and Resilience

Adopting a "dear life" attitude can profoundly impact well-being. Practical steps include:

- Practicing Gratitude: Regularly acknowledging life's blessings fosters positivity.
- Developing Resilience: Embracing challenges as opportunities for growth enhances emotional strength.
- Mindful Living: Being present in the moment helps appreciate life's fleeting nature.

Studies have shown that such practices contribute to mental health, fostering a more compassionate relationship with oneself and the world.

Approaching Life's Challenges

"Dear life" also encourages acceptance of life's inevitable difficulties:

- Acceptance: Recognizing that pain and loss are integral to human experience.
- Adaptability: Flexibly adjusting to circumstances reduces suffering.
- Seeking Support: Connecting with others provides comfort and perspective.

By approaching life with affection and acceptance, individuals can cultivate resilience and find deeper meaning in everyday moments.

The Contemporary Relevance of "Dear Life"

In Popular Culture

The phrase continues to resonate in music, literature, and social media, often used to express shared human experiences:

- Songs and lyrics that explore love, loss, and hope.
- Quotes and memes that evoke empathy and reflection.
- Personal narratives that highlight resilience amid adversity.

This cultural presence underscores "dear life" as a collective affirmation of our shared journey.

The Role of "Dear Life" in Personal Growth

Embracing "dear life" can inspire:

- Self-compassion: Accepting oneself amidst imperfections.
- Mindful appreciation: Valuing everyday miracles.
- Authentic living: Prioritizing meaningful relationships and pursuits.

In a fast-paced world, cultivating this perspective can foster a sense of peace and purpose.

Conclusion: Embracing the Complexity of "Dear Life"

"Dear life" is more than a poetic phrase; it is a reflection of the complex, layered human experience. It invites us to see life not merely as a series of events but as an intimate journey filled with contradictions? joy and sorrow, hope and despair, stability and change. By understanding its cultural, emotional, philosophical, and practical dimensions, we can learn to approach our existence with tenderness, resilience, and gratitude.

Ultimately, "dear life" challenges us to embrace the full spectrum of our experiences, recognizing that in loving and accepting life as it is, we find the deepest fulfillment. Whether whispered in moments of despair or sung in songs of hope, "dear life" remains a testament to our enduring capacity to cherish the fleeting, precious gift of being alive.

Question What does the phrase 'dear life' typically signify in everyday language? The phrase 'dear life' is often used to express a sense of endearment, affection, or sometimes frustration about one's existence or circumstances. It can also reflect a humorous or dramatic way of acknowledging life's challenges or surprises. Is 'Dear Life' associated with any notable works or authors? Yes, 'Dear Life' is a collection of short stories by Alice Munro, which received critical acclaim and showcases her mastery in contemporary fiction. The phrase has also been used as titles for books, songs, and movies, often exploring themes of love, mortality, and life's complexities. How can the phrase 'dear life' be used in a motivational context? In a motivational context, 'dear life' can be used to emphasize appreciating the gift of life, encouraging resilience, and finding beauty even in difficult times. For example, someone might say, 'Cherish every moment of dear life' to inspire gratitude and positivity. Are there any popular songs titled 'Dear Life'? Yes, several artists have songs titled 'Dear Life.' Notably, Taylor Swift released a song called 'Dear Life' in 2015, which reflects on embracing life's uncertainties and personal growth. These songs often explore themes of love, acceptance, and life's transient nature. What are some common themes associated with the phrase 'dear life' in literature and media? Common themes include love, mortality, resilience,

gratitude, life's unpredictability, and the search for meaning. The phrase often evokes emotional reflection on life's fleeting moments and the importance of cherishing each experience.

Related keywords: life, love, happiness, hope, dreams, mortality, gratitude, resilience, aging, inspiration

Read the full article online: [Dear life](#)